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DOH-CITRUS HIGHLIGHTS MATERNAL MENTAL HEALTH WEEK WITH NO-COST MOVIE SCREENING



CONTACT:

Audrey Stasko, Public Information Officer

Audrey.Stasko@FLHealth.gov

352-423-0775, cell

352-513-6057, work

Inverness, Fla. — In honor of Maternal Mental Health Awareness Week, April 29-May 3, the Florida Department of Health in Citrus County (DOH-Citrus) and the Seventh Mom Project, Inc. are hosting a no-cost viewing of the shocking documentary, “Dark Side of the Full Moon,” from 6 to 8:30 p.m. on Friday, May 3, at Cornerstone Church, 1100 W. Highland Blvd. in Inverness.

“Dark Side of the Full Moon” gives viewers an inside look into the unseen world of maternal mental health in the U.S. Thanks to the Seventh Mom Project, Inc., the viewing is open to the public and provided at no cost. Food and beverages will also be provided.

“Motherhood can be difficult for any mom and we want Citrus mothers, as well as their families, to know they are not alone,” says Cindy Floyd, Advanced Practice Registered Nurse (APRN), Certified Nurse Midwife (CNM) with the DOH-Citrus maternity clinic. “By partnering with the Seventh Mom Project, Inc. on this event, we hope to shed light on one of the most common perinatal mood disorders that is often overlooked and undiagnosed,” says Floyd.

Maternal Mental Health Awareness Week is an international observance that brings attention to essential mental health concerns and conditions, such as postpartum depression (PPD), for mothers and families.

According to the Florida Pregnancy Risk Assessment Monitoring System (PRAMS), in 2010, 58.8 percent of Florida mothers reported experiencing PPD symptoms after childbirth.

For more information about DOH-Citrus, go to www.CitrusCountyHealth.org or follow us on Twitter at [@FLHealthCitrus](https://twitter.com/FLHealthCitrus). For more information about the Seventh Mom Project, Inc., go to www.theseventhmomproject.org.

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About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](http://www.nacac.org), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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MATERNAL MENTAL HEALTH AWARENESS WEEK

April 29 - May 3, 2019

**PIZZA
POPCORN
PICTURE SHOW
POSTPARTUM**

